Jeffrey Rains Star Teacher

Throughout my time at North Gaston, I have had Mr. Rains several times over the course of three years. The first time I met Mr. Rains, I knew that he was going to be different from other teachers I had, but I had no idea the impact he would have not only on my academic career but my life as well.

Mr. Rains is known for his humor, kindness, and willingness to help. He takes his job a step further than just educating his students; he takes time out of his day to listen to them and help them with any problems they may have. He truly cares about helping each student achieve their full potential and succeed in life. When walking into his classroom, a student enters into an environment that is encouraging and supportive. Although he holds the titles of mentor and teacher, on behalf of his students, I can say that he is so much more than just these things; he is a friend.

In my personal high school career, Mr. Rains has taught me so much more than history, but many life skills as well. He has gone above and beyond and always makes himself available when I asked for help. No matter what is going on in my life I know that Mr. Rains will always be there as a shoulder to lean on when I need to talk to someone other than a parent or friend. Mr. Rains has been there to support me, listen to me, and provide constant reassurance.

Mr. Rains has not only been a teacher, but he has been a friend. I have been blessed to be able to spend time in his classroom over the past three years. I am extremely grateful for everything you have done for me from all of the knowledge you have provided to listening to my rambling stories and my neverending worries about my classes. Thank you for your constant encouragement and reassurance; it has meant more than you will ever know.

Alyssa Miller North Gaston High School Star Student 2019

